

# GSR Report Praasa 2026

## **Panel 4 Finding Common Ground: Our Friends in the Professional Community and Beyond**

**Chris and I attended panel 4. Here are some points, take aways and information from that panel.**

1. Reaching Professionals through CPCPI. What is working, What's not, and where are the Gaps?

Having a good personal relationship with the community members we work with through CPCPI is necessary for trust and continued collaboration. It is recommended that we start small with groups like doctors, mental health and schools to get a CPCPI program started. Using AA approved material and working with other members is always good.

2. Liability and shared spaces. How do we cooperate without affiliating?

Working with non alcoholic professionals is a key component in reaching alcoholics in the community. We use the traditions to help us see we do not need to affiliate to work together. Traditional models of communication are outdated and we have access to new methods such as QR codes and website information.

3. CPC work: whose job is it - committees, groups or individual members?

The first step is the hardest. After a contact has been made with a professional it gets easier and routine next time you present materials to them. Organization is key; there are many helpful AA approved materials on line to help. Having the correct answers to professionals' questions about AA is key in parenting our program as a legit method of recovery.

4. Other fellowships and recovery Organizations: cooperation without affiliation in 20206.

Affiliation is different from cooperation. We can work with different organizations without affiliation.

#### 5. Corrections and Treatment: Are Facilities still opening doors to AA?

It is a fact that most people are under the influence when getting in trouble with the law. Bringing AA into facilities like jails and prisons is key to giving these people hope instead of sham. AA restores Dignity.

### **Panel 5 Finding common ground: in Diverse Communities**

**Chris and I attended panel 5. Here are some points, take aways and information from that panel.**

#### 1. Online and in-person AA One Fellowship or Two?

It was stated that both online and in person meetings are serving the same purpose and have the same goals in recovery and helping the suffering alcoholic. One of the missing components to online meetings is the before and after meeting where people socialize, exchange numbers and find common ground. It was recommended that the hybrid meetings allow and accommodate these meetings.

#### 2. Young People in AA are we making room at the table?

Allowing for new comers especially young people to have opportunities to lead and be allowed to learn and make mistakes. Always be welcoming and having meetings that center around young people can grow and enhance your group.

#### 3. AA and Asian pacific communities: breaking through stigma and Silence.

Our groups should consider what type of communities we live in. are there minority groups that are being excluded because of cultural factors. This makes me think of our Spanish community and how we as a group are trying to make AA available to them .

4. Gender and Identity i AA are all members finding a home?

We want to be welcoming to all potential members in the community. We also have to keep in mind all remote communities .

5. Seniors in sobriety Are we meeting the needs of our aging fellowship?

I think we as a group can do more work in this area. The small population of seniors in our mammoth group has not made this a priority. I think the talk on reaching the young people has more impact on our group.

### **Panel 6 Finding Common Ground: Membership conference, board**

**Chris and I attended panel 6. Here are some points, take aways and information from that panel.**

1. The general service conference: does the fellowship feel represented?

GSR interactions with the group are really important to help our fellowship feel like our opinions and a feeling representation. The group not understanding the process can cause people to not feel heard. GSR s are the key in this process.

2. Plain language big book: what comes next-Spanish, French and beyond?

Cultur and lange is not simply translate. This will be a long process but it is in the works.

3. La Vina:is it an Equal partner in AA?

Question: do we have any la vinas to bring to the Spanish meeting?

4. Grape vine in 2026: is AA meeting in print still relevant?

This talk made it clear that this AA approved material is necessary for jails, institutions, and remote communities. They are outreach tools and can be attractive for those with inhabitants about their alcoholism.

5. Conference priorities: visioning the Future or managing the back log?

There has been a push to get the conference online. We will talk about this in the business meeting.

### **Panel 7 Finding common ground: AA and technology**

**Chris and I attended panel 6. Here are some points, take aways and information from that panel.**

1. Anonymity in the digital age: what does tradition 11 mean in 2026?

We need to ask ourselves what our motives are for self serving.

2. Hybrid meeting : blessing, burden or both?

It is important to allow the online people to have a before and after meeting. Also including them in business meetings and making sure that their voices are heard and they are included in group decisions.

3. Changing perceptions; can technology help AA reach a ne generation?

It is important to be engaging with the younger generation including and inviting them to participate in outreach groups panels and business decisions.

4. AI and AA ; tool for service or threat to our fellowship?

AI can be a tool for service, it can provide information or support. We must remember that it is not confidential and will not challenge you like a real sponsor can.

# Round table

## Safety in AA

**I attended a round table safety in AA. Here are some points, take aways and information from that panel.**

Topics: Resources, sexual predators, disruptive behavior, violence verbal and physical.

- There are many workshops and information online and a safety video series that are AA approved. Many of these workshops focus on how to deter and deescalate a situation.
- District 04 and Santa Clara Area 06 has a lot of resources for this topic
- It is suggested to put some safety information in the preamble
- Starting with preventive actions rather consequences
- Having a safety officer as a commitment both male and female
- It is important to stop behavior before it starts
- There is always the option to call the police for public disturbance.
- There is a difference between uncomfortable behavior and unsafe behaviors. Safety is not the same as meeting etiquette.
- Online meetings do not need to accommodate people who behave badly
- We are all sick people and some don't know how to behave and need guidance to learn.
- Using the hierarchy to solve problems quietly without embarrassment
- Use GSo safety guidelines and be informed
- Probations is a good solution to banning people
- Online meetings and inappropriate DMs need to be addressed
- If behavior is repeated it is escalating
- Sexual predation happens both ways watch out for those cougars they are hungry
- Use AA to guide people to guide behavior. Questions like how are you doing on your step work and do you need help.
- When someone is getting preyed on sometimes it is not the perpetrator but the other person's actions that need to be addressed. Promiscuous behavior.
- Use safety workshops to inform the group and get input.

# Business meeting

See attachment

## 1. New business agenda item

Motion: To add the Praasa guidelines as follows under advance planning add "the praasa archives advisor and the praasa weservant should attend the assemble, which shall pay their expenses in full" and under Praasa archives advisor and praasa websevant add " attend Praasa each year and give a report to the assembly"

This item was tabled

## 2. Old business agenda item

Motion: to achieve the greatest accessibility, it is recommended that Praasa assemblies provide a virtual component option.

This item was tabled